

7th Sept, 28th Sept, 19th Oct, 9th Nov, 30th Nov, 21st Dec

WEEK ONE

**MONDAY**  
Family Faves

**TUESDAY**  
Authentic Italian

**WEDNESDAY**  
Baking British

**THURSDAY**  
Food Festival

**FRIDAY**  
Fun Day

**Main Event**

**Bangers & Mash**  
Pork chipolata served with mash, green beans and gravy ▲

**Margherita Pizza**  
Cheesy tomato topped pizza with seasonal salad and garlic slice ▼

**Roast Chicken**  
Boneless chicken with crispy roasties fresh cauliflower and gravy ▲

**Chicken Curry**  
Marinated chicken thigh pieces in a mild curry sauce with rice and fresh courgettes ▲

**Fish Fingers**  
Golden breaded Pollock or Salmon fish fingers with chips and peas

**Vegetarian Section**

**Quorn Bangers**  
Quorn sausages with mash, green beans and gravy ▼

**Pasta Napolitan**  
Wholemeal Penne, tomato sauce seasonal salad and garlic slice ▼

**Cheese Pinwheels**  
Toasty cheese spirals with crispy roasties and cauliflower ▼

**Sweet Potato Balti**  
Lightly spiced sweet potato, chickpea and lentil curry with rice and fresh courgettes ▼

**Picnic Pitta**  
Quorn dippers and minty cucumber salad with chips and pitta pocket ▼

**Packed Lunch**

**Pick and Mix Deli**  
Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit ■

**Jacket Potatoes**

**Crispy Skin Jacket Potato with Toppings** ◆

**The Finale**

**Tutti Frutti Sponge**  
Dried fruit and cherry cake served with custard

**Sticky Orange Cake**  
Zingy orange cake made with polenta

**Cheesecake**  
Biscuit base with soft cheese and fruity topping

**Chocolate Brownie**  
Served with Orange Slices

**Cookie and Shake**  
Oat Cookie & Chocolate Milkshake

September  
2020

# FOOD FESTIVAL

By Aspens

14th Sept, 5th Oct, 26th Oct, 16th Nov, 7th Dec

WEEK  
TWO

## MONDAY Family Faves

## TUESDAY Authentic Italian

## WEDNESDAY Baking British

## THURSDAY Food Festival

## FRIDAY Fun Day

### Main Event

**All Day Breakfast**  
Grilled pork sausage,  
baked beans, tomato  
and hash brown with  
bread and butter ▲

**Firecracker Pizza**  
Healthy pizza with a  
hint of chilli  
with mixed salad  
and wedges ▼

**Baked Gammon**  
Baked gammon with  
crispy roasties,  
broccoli  
and gravy ▲

**Chicken Korma**  
Marinated chicken  
thigh pieces in  
coconut curry sauce  
with rice and  
sweetcorn ▲

**Breaded Pollock**  
Lightly breaded white  
fish fillet  
chips and peas

### Vegetarian Section

**Veggie All Day  
Breakfast**  
Veggie sausage,  
baked beans, tomato  
and hash brown with  
bread and butter ▼

**Pasta Bake**  
Wholemeal Pasta with  
fresh basil tomato  
sauce and cheese  
with wedges ▼

**Cheddar Quiche**  
Wholemeal pastry with  
cheese and onion  
filling with crispy  
roasties and broccoli  
▼

**Cauliflower Jalfrezi**  
Lightly spiced  
cauliflower and lentil  
curry with rice and  
sweetcorn ▼

**Beany Wrap**  
Wholemeal wrap  
stuffed with baked  
beans and cheese ▼

### Packed Lunch

**Pick and Mix Deli**  
Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit ■

### Jacket Potatoes

**Crispy Skin Jacket Potato with Toppings** ◆

### The Finale

**Banana Loaf**  
Fruity banana bread  
cake

**Anginetti**  
Italian lemon drop  
biscuits

**Eton Mess**  
Crushed meringue  
and berry rippled  
cream

**Carrot and  
Pineapple Muffin**  
Spiced with  
Cinnamon

**Cookie and  
Shake**  
Ginger Cookie and  
Vanilla Honey Shake

▲ Meat    ▼ Veggie    ◆ Jacket Potato    ■ Packed Lunch

September  
2020

# FOOD FESTIVAL

By Aspens

31st Aug, 21st Sept, 12th Oct, 2nd Nov, 23rd Nov, 14th Dec

WEEK  
THREE

## MONDAY Family Faves

## TUESDAY Authentic Italian

## WEDNESDAY Baking British

## THURSDAY Food Festival

## FRIDAY Fun Day

### Main Event

**Pizza Whirl**  
Cheesy pizza roll with  
tomato filling  
cobb salad and  
wedges v

**Lasagne**  
Beef Bolognese  
layered with pasta  
topped with white  
sauce, garlic slice and  
house salad ▲

**Roast Chicken**  
Boneless chicken with  
mash, fresh carrots  
and gravy ▲

**Chinese Chicken  
Curry**  
Marinated chicken  
thighs with curry  
sauce and rice ▲

**Fishcakes**  
Mini white fish  
fishcakes with chips  
and peas

### Vegetarian Section

**Macaroni Cheese**  
Baked cheesy pasta  
with a crunchy  
topping and mixed  
salad and wedges v

**Vegetable Lasagne**  
Roasted Vegetables  
layered with pasta  
topped with white  
sauce, garlic slice and  
house salad v

**Quorn Roast**  
Quorn with mash,  
fresh carrots  
and gravy v

**Beany Enchilada**  
Mild chilli beans,  
peppers and onions  
with rice and  
sweetcorn v

**Vegan Sausage Puff**  
Quorn sausage  
wrapped in puff pastry  
with chips and peas v

### Packed Lunch

**Pick and Mix Deli**  
Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit ■

### Jacket Potatoes

**Crispy Skin Jacket Potato with Toppings** ◆

### The Finale

**Italian Crumble  
Cake**  
Crumble top and  
bottom filled with  
apples served with  
custard

**Jelly and  
Fruit**  
Fruit flavoured jelly  
with extra fruit

**Ice Cream  
Tub**  
Vanilla ice cream with  
fruity toppings

**Apple  
Flapjack**  
Oats, apples and  
syrup home baked in  
a chewy bar

**Cookie  
and Shake**  
Lemon Cookie and  
Berry Milkshake

▲ Meat v Veggie ◆ Jacket Potato ■ Packed Lunch